

# ELISA and Copan Based Evaluation and Analysis of Antibiotic Residues in Cattle Milk in Qazvin, Iran

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#### ABSTRACT

**Aims:** Daily consumption of milk containing antibiotic residues has become a great public health concern. This study aimed to evaluate the antibiotic residues in cattle raw milk using Copan milk test and specific enzyme-linked immunosorbent (ELISA) kits.

**Materials & Methods:** In this study, 92 milk samples were collected from Qazvin province, Iran in two seasons during 2019. All the samples were analyzed by the Copan milk test and competitive ELISA kits to evaluate gentamicin, tetracycline, tylosin, chloramphenicol, penicillin, and sulfonamide residues in milk.

**Findings:** The results showed that 45 milk samples (48.91%) were positive for the presence of antibiotic residues. Samples collected in summer were significantly (p<.05) more contaminated with antibiotic residues (30.43%) than those collected in winter (18.47%). The highest mean contamination was related to sulfonamide (13.72±1.21 ng/mL), followed by gentamicin (13.24±2.81 ng/mL) and tylosin (13.15±1.37 ng/mL) residues, and the lowest mean contamination was related to penicillin residues (0.007±0.002 ng/mL). The limit of detection (LOD) was 2, 2.5, 0.02, 8, 0.4, 0.08, and 13 ng/mL for gentamicin, tylosin, chloramphenicol, sulfamethazine, tetracycline, penicillin, and flumequine, respectively. Chloramphenicol residues were above the maximum residue limit (MRL) according to the Codex and European Commission (EC) (0 ng/mL) in all the samples. Sulfonamides residues were above the Codex MRL (25 ng/mL) in 33.33% of the samples.

**Conclusion:** The results shows that monitoring of antibiotic residues in milk and dairy products is necessary. Indeed, examining the amount of antibiotic residues in dairy products could be an important aspect of their monitoring.

#### Keywords: Antibiotic, Residues, Milk, Copan, ELISA

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### Introduction

Milk and dairy products are known as one of the stuffs and nutrients. Antibiotics such as tetracyclines, beta-lactams (penicillins cephalosporins), aminoglycosides, and sulfonamides, fluoroquinolones, and so on are widely used in mastitis treatment in animals<sup>[1]</sup>. Antibiotics such as antiparasitic, anti-inflammatory, tranguilizing, and growth-promoting agents are broadly used to prevent or treat a great number of diseases and increase feed efficiency <sup>[2]</sup>. When consumption of dairy products is considered as a risk factor for infectious diseases, especially mastitis, antibiotic consumption is certainly fundamental and necessary. Therefore, antibiotic residues could be accumulated in animal-based foods (milk, muscle and liver tissues)<sup>[3]</sup>. Concern about antibiotic residues is related to their undesirable effects on allergic reactions, resistance of bacteria, troublesome of the balance of gut microflora, malformation risks, mutagenesis, and carcinogenesis <sup>[4,</sup> <sup>5]</sup>. Also, in industrial level, the presence of antibiotic residues in milk could inhibit starter cultures used to produce cultured milk products such as yogurt and cheeses <sup>[6-10]</sup>. The presence of antibiotic residues is frequently attributed to the lack of awareness or ignorance of the time interval between antibiotic use and milking and slaughtering of animals or fraud. By processing milk contaminated with antibiotic residues, contamination is not eliminated and remains in other dairy products. Hence, the processes of milk processing, such as drying, evaporating, or ice cream making, are not able to eliminate antibiotic residues from the final products<sup>[2]</sup>.

Different methods are used to measure veterinary antibiotic residues. However, some of them are restricted to rapid, simple, and cost-effective tests (10). Maximum

residue limits (MRLs) of antibiotics in animal-based foods have been determined with the aim of protecting consumers' health. European Union law 2002/657/ EC has established rules and guidelines for MRLs of drugs in food. Immunologybased techniques<sup>[1]</sup> and Copan kit are used to determine drug residue in 15–75 min <sup>[3]</sup>. Nowadays, microbiological screening tests such as Copan, quantitative methods such as ELISA, and confirmatory methods such as chromatography are proved <sup>[1, 11-13]</sup>. Selection of these methods is influenced by the type of antibiotic, the expected time constraints, and the sensitivity of the method <sup>[14]</sup>.

**Objectives:** This study was undertaken with the aim of evaluating antibiotic residues in milk samples from Qazvin province, Iran by employing ELISA and Copan techniques to check food safety and quality control parameters.

### Materials and Methods

**Sampling of milk:** Samples were collected from six districts of industrial livestock centers in Qazvin province, Iran in 2019 during summer and winter seasons. The sampling method used was Random cluster, and the sample size was calculated by Equation 1 <sup>[15, 16]</sup>.

 $N = p^* (1-p)^* Z^2 / i^2$  (Equation.1)

Where N is the sample size; p is the percentage picking a choice, expressed as decimal; Z is the Z value (e.g., 1.96 for 95% confidence level, confidence interval 5%); and i is the confidence interval, expressed as decimal. The samples were transported to the laboratory at 4 °C and preserved at -20 °C for further analysis. All the samples (n=92) were confirmed in the laboratory to be screened in terms of somatic cell count higher than  $10^6$  mL<sup>-1</sup> and bacterial count higher than  $5 \times 10^5$  mL<sup>-1</sup>.

Copan milk test: The presence or absence of antibiotic residues (gentamicin, tylosin, chloramphenicol, sulfathiazol, sulfamethazine, sulfadioxine, sulfadimethoxine, sulfadiazin, sulfamethoxazole, tetracycline, and penicillinin) in milk samples is determined by the Copan milk test kits (CHR. Hansen, Denmark). Briefly, milk samples are added to the kit (r-Biopharm, Germany) and incubated at 64±1°C for 3 h. If indicator microorganism (Bacillus Stearothermophilus) that feeds on nutrients and grows and turns the culture medium to yellow in the presence of bromocresol of bacteria, is inhibited through lactose fermentation and acid production, no color change occurs in the culture medium, and medium remains purple <sup>[17]</sup>. The samples showing positive responses to the Copan milk test could be analyzed by competitive ELISA kits. The sensitivity and specificity of the Copan kit to the type and amount of antibiotics in milk are shown in Table 1.

Germany) antibiotic kits were used to monitor the gentamicin ELISA kit (R5111), chloramphenicol ELISA kit (R1505). tetracycline ELISA kit (R3503), penicilin ELISA kit (R3103), tylosin ELISA kit (R5151), and sulfonamide ELISA kit (R3004) in detecting residues in milk. These kits are competitive enzyme immunoassay used to analyze antibiotic residues in animal products such as milk, honey, and meat. Each kit contains sufficient materials for 96 measurements (one 96-well microplate). Each test kit contains 12 strips with 8 wells each. removable standard concentrations (0, 0.15, 0.45, 1.35, and 4.05 ng/mL in aqueous solutions), conjugate (peroxidase-conjugated secondary antibodies), antibiotic antibody, substrate (containing urea peroxide), chromogen tetramethylbenzidine), stop (containing solution (1N sulfuric acid), and buffer (sample and standard dilution buffer).

ELISA test: RIDASCREEN (r-biopharm,

The samples showing positive reactions to

Antibiotic	LOD <sup>*</sup> (ng/ml)	MRL EU <sup>**</sup> ( ng/ml)		
Gentamicin	100-500	100		
Tylosin	50-100	50		
Chloramphenicol	>500	0		
Sulfathiazol	50-100	100		
Sulfamethazine	100-200	100		
Sulfadioxine	100-200	100		
Sulfadimethoxine	50-100	100		
Sulfadiazin	50-100	100		
Sulfamethoxazole	< 50	100		
Tetracycline	250-500	100		
Penicillin	1-2	4		

Table 1) The sensitivity of the Copan kit to the type and amount of antibiotics

\*LOD, Limit of detection

\*\*MRL, Maximum residue limit authorized by the European Union.

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the Copan milk test were analyzed by competitive ELISA kits. The RIDASCREEN competitive enzyme immunoassay (r-biopharm, Germany) and all the tests were performed according to the manufacturer's instructions to determine antibiotic residues in milk. All the samples were defatted (50 mL of the samples were centrifuged at 4000 rpm at a temperature of 40 °C for 10-15 min) and then added to each well, followed by the addition of 50 µL of antibody solution. The plate was incubated for 1 hr at 25 °C. Then 250 µL of washing buffer was added to each well for washing, washing was repeated three times, and then 100 µL of enzyme conjugate was added to each well. The plate was incubation at room temperature for 15 min. Then 50 µL of substrate and 50 µL of chromogen were added to each well, and the plate was incubated in the dark at room temperature for 15 min. Finally, 100 µL of stop solution was added to stop the reaction, and absorbance was recorded at 450 nm within 30 min. The results were calculated by obtaining the OD values and calculating the percentage of absorbance as follows: % absorbance = Absorbance standard per sample/Absorbance zero standard × 100. Finally, a calibration curve was plotted between the standard concentration and OD. The limit of detection of the ELISA test is Table 2) Limit of detection (LOD) for ELISA test

Antibiotic	LOD (ng/ml)		
Gentamicin	2		
Tylosin	2.5		
Chloramphenicol	0.02		
Sulfamethazine	8		
Tetracycline	0.4		
Penicillin	0.08		
Flumequine	13		

shown in Table 2.

**Data analysis:** All the tests were performed in triplicate, and statistical analysis was conducted using analysis of variance (ANOVA) and Chi-square test with SPSS software Ver. 17.0 (SPSS Inc., Chicago, IL, USA). The considered significant level was p<.05. The intercept of the standards calibration curve was used to calculate the limit of detection (LOD) around the detection limit. Then the standard deviation (SD) of the response (s) and slope (S) was determined according to the calibration curve. The LOD was considered as LOD= (3.3 ×  $\sigma$ ) /S.

## Finding

Based on the obtained results, 45 samples (48.91%) had antibiotic residues (Table 3). In general, milk samples collected in summer were significantly more contaminated with antibiotic residues (30.43%) than those collected in winter (18.47%) (p< .05). Also, antibiotic residues in the samples collected in both warm and cold seasons were compared and evaluated, and the results are shown in Figure 1. The highest mean concentration was related to sulfonamide (13.72±1.21ng/mL), followed by gentamicin (13.24±2.81ng/mL) and tylosin (13.15±1.37 ng/mL) residues in positive samples, and the lowest mean value was related to penicillin residues (0.007±0.002 ng/mL). Most of the contaminated samples contained tetracycline (33.69%) and chloramphenicol with the lowest rate (21.73%). The maximum amount of gentamicin in the summer and winter samples was 16.41 and 13.52 ng/mL, respectively.

### Discussion

The results of the present study showed that the samples contamination level was significantly higher in warm seasons compared to cold seasons, and that the highest rate of antibiotic contamination in warm and cold seasons

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Figure 1) The comparison of antibiotic residues each them in hot and cold seasons

Antibiotic	Positive samples (n)	Positive Samples (%)	Mean ±SD (ng/ml)	MRL Codex (ng/ml)	n> MRL Codex	%n> MRL Codex	MRL EU (ng/ml)	n> MRL EU	%n> MRL EU
G	29	31.52	13.24±2.81	200	0	0	100	0	0
Т	25	27.17	13.15±1.37	100	0	0	50	0	0
С	20	21.73	0.48±0.02	0	20	100	0	20	100
S	30	32.60	13.72±1.21	25	10	33.33	100	0	0
Те	31	33.69	10.31±0.87	100	0	0	100	0	0
Р	22	23.91	0.007±0.0002	4	0	0	4	0	0

 Table 3) Mean values of antibiotic residues in raw milk samples by ELISA

G= Gentamicin, T= Tylosin, C= Chloramphenicol, S= Sulfonamides, Te= Tetracyclin and P= Penicilin

was related to gentamicin and sulfonamide, respectively, and the lowest contamination rate in warm and cold seasons was related to penicillin. The high level of contamination in milk samples collected in warm season could be due to the higher prevalence of diseases such as mastitis in this season. Therefore, the use of antibiotics and lack of adherence to the antibiotic treatment course could cause antibiotic residues in milk samples to be higher in warm seasons than in cold seasons. However, according to the hypothesis that in Iran penicillin is used more than other drugs in animal diseases, the results are contradictory. It may be due to the manufacturers' awareness of recent overuse and over-attention to this antibiotic, thereby shifting attentions to more use of other antibiotics. In all the positive samples, chloramphenicol and sulfonamide residues were above the Codex and EC MRLs (0 and 25 ng/mL, respectively), but the levels of penicillin, gentamicin, tylosin, and

tetracycline residues were lower (Table 2). In total, the present study showed that 45 samples (48.91%) had antibiotic residues, the results are in line with another research by Noori et al. (2013), showing contamination rate of raw milk as 52.5% [18]. Mahmoudi et al., (2013) showed that contamination rate of raw milk was 57.50% <sup>[11]</sup>. Movasagh (2012) examining raw milk samples in Eilikhchi (southwest of Tabriz, Iran) using the Copan milk test, showed that 10% of the samples had antibiotic residues, whereas in another study on 50 raw milk samples in Pars Abad Ardabil, Iran, contamination rate was reported as 14% <sup>[19]</sup>. In another study, Hoseinzadeh et al. (2012) examined 114 raw milk samples in Giulan, Iran. Their study indicated that 20.17% of the samples had antibiotic residues, and higher antibiotic residues in winter were attributed to an increase in mastitis in cold seasons and high absorption of antibiotics in animals <sup>[12]</sup>. Mohsenzadeh & Bahreinipour (2008) studied 300 raw and pasteurized milk samples in Mashhad, Iran. The results showed that contamination was present in 15.3 and 22.2% of raw and pasteurized milk samples, respectively <sup>[9]</sup>. Manafi et al. (2011) used the Delvo test to examine raw and pasteurized milk sample collected from East Azerbaijan, Iran. They concluded that 26, 16, and 30% of the milk samples collected from industrialized factory farms, milk collection centers, and pasteurized milk contained antibiotic residues, respectively <sup>[17]</sup>. Similar to the relatively high contamination rate of milk samples collected from the study area, the results of other studies carried out on raw milk samples collected from Shiraz, Sari, Tabriz, and Kazerun cities in Iran, also indicated the presence of antibiotic residues, especially  $\beta$ -lactams (32.9%), in milk samples <sup>[13]</sup>. Moreover, in a study carried out in Khorasan province, 196 milk samples were examined using the Copan milk test. The antibiotic residues were present in 40.8% of the samples <sup>[20]</sup>. Ghanavi (2003) used different

methods (like Delvo, Copan, β-Star, and Cylinder Plate) to study milk samples collected from all over the country. The results showed that contamination rate of raw and pasteurized milk samples was 27 and 5%, respectively, and that the highest level of contamination was related to  $\beta$ -lactam antibiotics <sup>[21]</sup>. Also, in another study conducted by Saltijeral et al. (2004) in Mexico, the antibiotic residue in milk was declared to be 77%, which is higher than the values reported in Iran<sup>[22]</sup>. In Spain, Yamaki (2004) studied the presence of  $\beta$ -lactam residues in milk and reported a contamination level of 1.7%, which is lower than the values reported in Iran <sup>[23]</sup>. On the contrary, Khaskheli and Gidini (2002) in Italy examined the presence of  $\beta$ -lactam antibiotic residues in milk and reported contamination levels of 36.5 and 49%, respectively <sup>[24, 25]</sup>. Furthermore, another study showed that 7.8% of pasteurized milk samples collected from Tehran were contaminated with tetracycline and oxytetracycline residues [26]. Researchers also showed that 7.11% of raw and pasteurized milk samples contained gentamicin residues <sup>[27]</sup>. Also, Du et al. (2019b) reported the rates of tetracyclines, quinolones, lincomycin, and streptomycin residues as 4.7, 3.3, 2.7, and 15.5% in UHT milk samples (n=148) and 16.0, 4.0, 2.0, and 14.0% in pasteurized milk samples in China, respectively<sup>[28]</sup>. In the present study, in comparison with other antibiotics, the highest contamination rate (33.69%) was related to tetracycline with an average of 10.31±9.87 ng/mL. Most studies carried out in Iran have attributed the failure to avoid milking animals after antibiotic consumption as the main reason for the presence of antibiotic residues in milk. However, in developed countries, antibiotic residues in milk are observed following an overdose of medication. Dabbagh Moghaddam et al. (2014) used HPLC method to examine pasteurized milk distributed in Iran and reported that 26.3% of the positive samples (8.93% of the whole samples) were



**Figure 2)** The comparison of antibiotics with the standard of the Codex and the EU (G= Gentamicin, T= Tylosin, C= Chloramphenicol, S= Sulfonamides, Te= Tetracyclin and P= Penicilin)

contaminated with tetracycline MRLs, and other samples contained other types of antibiotics <sup>[29]</sup>. In a study carried out on 220 dairy cattle breeding farms in Tehran and Qom provinces of Iran, Faghihietal. (2010) attributed the high consumption of antibiotics to the high density of livestock in the farms, poor sanitary conditions, and poor management of the farms, which shows the effect of farm management on community health [30]. Moreover, in recent years, efforts have also been made to improve the efficiency and accuracy of ELISA; for example, a multiplex finding technology was tested for simultaneous quantification of the four antibiotics quinolones, tetracycline, lincomycin, and streptomycin in milk<sup>[2]</sup>.

In order to provide more protection to consumers in European countries, regular measures have been taken regarding the amount of antibiotics used in animal-origin food products, especially milk. For example, the Codex MRLs were reported for gentamicin (200 ng/mL), tetracycline (100 ng/mL), sulfonamide (25 ng/mL), tylosin (100 ng/mL), and penicillin (4 ng/mL) <sup>[31]</sup>. A comparison of antibiotic residues in raw milk samples with existing standards (Codex and EC) is presented

in Figure 2. Among the antibiotics examined the present study, chloramphenicol in contamination in all the positive samples was above the Codex and EC MRL (0 ng/mL); also, the sulfonamide contamination was above the Codex MRL (25 ng/ml) in 33.33 % of positive samples, but the level of penicillin, gentamicin, tylosin, and tetracycline residues was lower (Table 2). The present study results are consistent with the results of the study by Du et al. (2019b) in China, reporting a detection rate of 1.6-2.8% with a maximum value of 47.7  $\mu$ g/kg for tetracycline and a detection rate of 5.8-19.2% with a maximum detection value of 20.24 µg/kg for sulfonamides in milk samples <sup>[28]</sup>. There is no evidence for penicillin, indicating how much of the drug in milk could be harmful to humans, but the World Health Organization (WHO) and WHO Joint Committee on Food and Agriculture recommend that penicillin residue should not be detectable in human food.

### Conclusion

The present study indicated the contamination of milk samples with antibiotic residues. Since the residues of these compounds have

#### Antibiotic residues in milk

adverse effects on the health of people in the community, especially vulnerable groups like children, pregnant women, and elderly patients, there should be a comprehensive action plan to prevent antibiotics abuse in livestock. There are probably several types of antibiotics in milk, even with concentrations below the permitted limit; therefore, their presence could be harmful or beneficial. It is recommended that responsible organizations, especially veterinary organization, have regular supervision on milk contamination in order to reduce sanitary threats to consumers' health. Furthermore, it is necessary that qualified organizations and individuals provide livestock and animal husbandry workers with necessary trainings. Finally, it is crucial to find out rapid and sensitive diagnostic techniques with the shortest detection time and the highest sensitivity to contamination.

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**Authors' Contribution:** Conceptualization: ZNN; Data curation and formal analysis: ZNN ; Investigation: ZNN; Methodology and project administration: GRJK, EMA; Supervision: GRJK; Validation: EMA; Writing of original draft: MA; Writing, reviewing, and editing: EMA, MA.

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